

Drive Safer – Drive Longer

I have no impairments or limitations but may be retiring soon and am enrolling in Medicare.

Develop plan and explore alternatives with no immediate pressure.

- Learn about DMV older driver testing requirements in your state
- Talk with your family about transportation options and planning
- Learn to recognize signs that you may want to change your driving habits
- Explore safety technology built in or added to cars
- Identify transportation options in your community; start learning how to use
- Advocate for transportation options through a local organization or government entity
- Develop your transportation budget

I have changes in my driving history, medical conditions, or medications that impact my ability to drive safely.

Familiarize yourself with transportation options.

- Continue learning how to use alternate transportation options in your community
- Identify accommodations to adapt your vehicle to your changing capabilities
- Use safety features built into your car
- Choose your driving times (day time, low driving volume, geographic area, familiar routes, etc.)
- Consult with an Occupational Therapist of Driving Rehabilitation Specialist

My functional capacity has diminished and it is time for me to give up driving.

Maintain your independence using alternative transportation options you now know.

- Plan errands and outings with friends and family.
- Fully rely on public and alternatives to driving for transportation needs
- Sell your car to finance long-term transportation needs
- Consider giving your car to a family member or charity
- Continue pursuing your interests and being active in your community

Throughout the process:

- > Talk with your family and caregivers about your transportation needs and plans.
- > Talk with your doctors about changing medical conditions and impacts on driving safety.

For more information and resources please visit the
Clearinghouse for Older Road User Safety (ChORUS) at www.roadsafeseniors.org/planning-tool

