

## Drive Safer – Drive Longer

*I have no impairments or limitations but may be retiring soon and am enrolling in Medicare.*

### **Develop plan and explore alternatives with no immediate pressure.**

- Learn about DMV older driver testing requirements in your state
- Talk with your family about transportation options and planning
- Learn to recognize signs that you may want to change your driving habits
- Explore safety technology built in or added to cars
- Identify transportation options in your community; start learning how to use
- Advocate for transportation options through a local organization or government entity
- Develop your transportation budget

*I have changes in my driving history, medical conditions, or medications that impact my ability to drive safely.*

### **Familiarize yourself with transportation options.**

- Continue learning how to use alternate transportation options in your community
- Identify accommodations to adapt your vehicle to your changing capabilities
- Use safety features built into your car
- Choose your driving times (day time, low driving volume, geographic area, familiar routes, etc.)
- Consult with an Occupational Therapist of Driving Rehabilitation Specialist

*My functional capacity has diminished and it is time for me to give up driving.*

### **Maintain your independence using alternative transportation options you now know.**

- Plan errands and outings with friends and family.
- Fully rely on public and alternatives to driving for transportation needs
- Sell your car to finance long-term transportation needs
- Consider giving your car to a family member or charity
- Continue pursuing your interests and being active in your community

### **Throughout the process:**

- > **Talk with your family and caregivers about your transportation needs and plans.**
- > **Talk with your doctors about changing medical conditions and impacts on driving safety.**

**For more information and resources please visit the Clearinghouse for Older Road User Safety (ChORUS) at [www.roadsafeseniors.org](http://www.roadsafeseniors.org)**