



Clearinghouse for Older Road User Safety

Older Driver Safety Awareness Week 2021 Resources in the ChORUS Library

Associated with the [American Occupational Therapy Association](#) Daily Themes

Anticipating Changes that can Affect Driving

- [Knowing the Signs – Am I safe on the Road](#) helps drivers and their family members determine when it is time to consider changing driving habits.
- Medical professionals can play a role in [identifying medically at-risk older drivers](#).
- ChORUS helps older drivers and their family members understand the importance of talking with their doctor about how [medical conditions and medications impact driving safety](#).
- Medical professionals should consider changes in [medical conditions](#) and [medications](#) when discussing road safety with older patients.
- [Clinician's Guide to Assessing and Counseling Older Drivers, 4th Edition](#) is a resource for medical professionals involved in the care of older adults

Family Conversations

- [Starting the Conversation—your loved ones driving](#): Starting the conversation with an older loved one about safe driving is an important first step toward maintaining safety while remaining active in the community. Once you've had this conversation (or what may be a series of conversations) you and your loved one will have a deeper understanding of what is needed and a sense of relief knowing your older loved one is safe.

RoadSafeSeniors.org

- [Transportation Planning with Family](#): You can be vital in helping older adult drivers recognize when it might be time to change their driving habits, seek a driving assessment to identify adaptations to their car and driving, or to start planning for when they may need to stop driving.

Screening and Evaluations with an Occupational Therapist

- [Self-Assessment and Caregivers' Rating Tools](#): Several tools are available for older patients, their family members, and caregivers to identify at-risk older drivers.
- [What to Expect when You are Referred to a Driving Rehabilitation Specialist?](#): Driving Rehabilitation Specialists (DRSs) are trained to conduct evaluations and provide recommendations for how you can continue to drive safely for as long as possible.
- [Driving Evaluations by an Occupational Therapist](#): The American Occupational Therapy Association (AOTA) website has information about occupational therapists and their ability to conduct office/clinic evaluations behind the wheel of a car.
- [Overcome Driving Concerns with Occupational Therapy \(Public Awareness\)](#): Occupational therapy can assist older adults in maintaining the activities they enjoy the most. There are alternatives we can explore as we age or experience changes in our capabilities due to medical conditions. Occupational therapy practitioners can help older drivers stay safe behind the wheel.

Interventions that can Empower Drivers & Families

- Learn about [vehicle safety features](#) that can improve older driver safety.
- [Older Patient Driver Questions](#): a series of questions for older drivers, derived from the driving habits questionnaire, to help doctors work with older drivers to evaluate their own driving.
- [Maintain your Mobility with CarFit](#): CarFit is an educational program that provides information explaining a range of vehicle safety features and offering guidance on how to adjust those features to optimize the benefit for individual body sizes and statures. Attendees also receive a resource bag of materials on local community-specific resources that could enhance their safety as drivers and increase their mobility in their communities.



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Staying Engaged in the Community with and Without a Car

- [ChORUS My State Info](#) connects older drivers and their family members/caregivers to resources and services in their state that can help an older adult remain active and provide safe mobility in their community.
- The [ChORUS Transportation Planning Tool](#) helps individuals develop their personal to-do list to improve their road safety and plan for the future.
- [How to Use Rideshare Apps](#) is a short tutorial to introduce older adults to rideshare as an alternate transportation for safe mobility.
- Law enforcement professionals, state driver licensing agency counter staff and healthcare providers can give older adults and their loved ones the [ChORUS Older Driver Resources Handout](#) for them to learn more about staying safe on the road.

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