

RESOURCES FOR FAMILY MEMBERS AND CAREGIVERS

- Plan ahead with the [ChORUS Older Driver Transportation Planning Tool](#). This tool guides you through the steps of developing your transportation plan. Starting early allows you to map out your needs, identify and explore options for alternate transportation modes in your area, and plan for continuing a full and active life whether you are driving or not.
- [The Plan for the Road Ahead](#): This tool allows you to identify such activities as trips to the grocery store, hair salon, barber shop, doctors' office, shopping, movies, entertainment, exercise, and social events.
- [ChORUS Transportation Budgeting Tool](#): The ChORUS Transportation Budgeting Tool allows you to compare your current monthly transportation costs with estimated monthly alternate transportation costs if you were to give up your car. The tool is designed to help you plan for your future transportation needs.
- [CarFit](#): is an educational program that provides information explaining a range of vehicle safety features and offering guidance on how to adjust those features to optimize the benefit for individual body sizes and statures. Attendees also receive a resource bag of materials on local community-specific resources that could enhance their safety as drivers and increase their mobility in their communities.
- [NHTSA's Walkability Checklist](#) is a checklist to rate your neighborhood's walkability.
- NHTSA's [Share the Road: Its Everyone's Responsibility](#): Share the road tips for Driver, Motorcyclists, Bicyclists and Pedestrians.
- [Eldercare Locator](#): Eldercare Locator (acl.gov) public service of the U.S. Administration on Aging connecting you to services for older adults

and their families.

- [National Aging and Disability Transportation Center \(nadtc.org\)](http://nadtc.org): Promotes the availability and accessibility of transportation options for older adults, people with disabilities and caregivers.
- [Rides in Sight](#) provides a national database to search for transportation options available to senior anywhere in the U.S.